

SWIM ENGLAND WEST MIDLANDS COURSE UPDATES



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Course & Coaching Updates

Safeguarding and Protecting Children

Date: Wednesday 5th September
Time: 6.30pm – 9.30pm
Venue: Royal Life Saving Society UK
Redhill House
227 London Road
Worcester
WR4 2JG
Cost: £35

Date: Wednesday 14th November 2018
Time: 6.30pm – 9.30pm
Venue: Coventry Sports & Leisure Centre
Fairfax Street
Coventry
CV1 5RY
Cost: £35

Spaces are limited on all courses, so please book early.

To book a place on any of the above courses, please contact the Regional Office:
Telephone 01527 888929 Email westmidland@swimming.org



To search for Safeguarding & Protecting Children Courses in your area please visit
<https://www.ukcoaching.org/workshops/workshop-search/results?term=Safeguarding+%26+Protecting+Children>
Please book these courses directly through UK Coaching

Time to Listen Workshop

Swim England has linked up with the NSPCC and is accredited to deliver the 'Time to Listen' module that is aimed at Club Welfare Officers (CWOs). Whilst it is appreciated that some CWOs will be trained and experienced in child protection issues, the Time to Listen programme provides the opportunity to consider the roles and responsibilities of CWOs and the action taken should any incident occur.

Time to Listen training is a requirement for Welfare Officers as part of SwimMark Essential Club Accreditation. The workshop is free of charge and you will be asked to provide evidence of your valid safeguarding certificate at the time of booking

Date: Saturday 8th September 2018
Time: 10am – 1pm
Venue: Summerhill School
Lodge Lane
Kingswinford
DY6 9XE



Pre-requisite – Valid Safeguarding & Protecting Children certificate
Spaces are limited on all courses, so please book early.

To book a place on the course, please contact the Regional Office:
Telephone 01527 888929 Email westmidland@swimming.org



West Midlands SwimMark Information Workshop

Date: Tuesday 31st July 2018
Time: 7pm – 8.30pm
Venue: Online
To join the meeting from your computer, table or smartphone
<https://global.gotomeeting.com/join/261053357>

You can also dial in using your phone
United Kingdom: +44 330 221 0097
Access Code: 261-053-357
First GoToMeeting? Let's do a quick system check: <https://link.gotomeeting.com/system-check>

A guide to Sponsorship Workshop

Date: Wednesday 12th September 2018
Time: 7pm - 9pm
Venue: Online
To join this workshop from your computer, tablet or smartphone:
<https://global.gotomeeting.com/join/848841797>
You can also dial in using your phone: United Kingdom: +44 330 221 0097
Access Code: 848-841-797
First GoToMeeting? Let's do a quick system check: <https://link.gotomeeting.com/system-check>

West Midlands Masters Development Day

Date: Sunday 16th September 2018
Venue: West Bromwich Leisure Centre
Time: 9am - 3.15pm
skills
Cost: £15.00 per person for West Midlands Clubs
£17.50 for all other clubs

Workshops led by Dr Karen Howells include:
Nutrition
Using imagery to improve technique and race

Pool session led by three time Olympian, Helen Weeks
All 4 strokes
Starts
Finishes

Places are limited. Please book your place [here](#)



West Midlands Regional Conference

Date: Saturday 9th March 2019
Venue: TBC

Young Volunteer Programmes 2018-2019

The West Midlands Region will be running two Young Volunteer Programmes in 2019

Dates for both Programmes: Saturday 2nd & Sunday 10th March 2018
Venues: Snowdome, Tamworth & Royal Lifesaving Society, Worcester



Regional Coach Development Opportunities

Venue: West Bromwich Leisure Centre

Times: *Nutrition Workshop* 10am - 12noon - registration from 9.30am

Strength & Conditioning Workshop 12.30pm - 4.45pm - registration from 12noon

Cost: £5 per workshop

Workshops on the day include:

Nutrition Workshop	Strength & Conditioning Workshop
Aimed at: Any level coach	Aimed at: Level 2 age-group coaches already delivering land work sessions within their club programme
Content to include: Female vs Male nutrition Body composition Team camps & competitions	Pre-requisites to attend: Level 2 coach must hold some form of land work qualification; such as YMCA, REPS or equivalent type qualification. Outcome: The workshop will provide you with swimming specific guidelines of how to correctly teach the correct level of exercises. <i>It does not provide you with a qualification</i>

To book your place on any of the above workshops, please complete the registration form [here](#) or email westmidland@swimming.org

Swim England Senior Coach Certificate

Applications are now open for the Swim England Senior Coach Certificate.

The Swim England Senior Coach Certificate will give you the knowledge and skills to effectively plan, deliver and evaluate a macro cycle of work. As a senior coach you will be able to lead a coaching team and manage resources to support all areas of a swimming club or squad programme.



Applicants must be at least 19 years of age and hold an ASA Level 2 Certificate in Coaching Swimming or Swim England Swimming Coach Certificate, and have over 12 months experience as a swimming coach.

Other Requirements:

You must be:

- Coaching at a SwimMark accredited club. Those who are not currently at a SwimMark accredited club but meet all other criteria may be considered but further information will be requested on application.
- Currently coaching for a minimum of 10 hours per week, spanning a minimum of 5 sessions, with the same group of swimmers.
- Leading the coaching of a whole group/squad of swimmers for the programme duration and working with swimmers who are competing at a regional level or above; applications are asked to provide evidence to confirm that they have coach 5 or more swimmers to regional championships in 2017 & 2018.
- Able to commit to attending the face to face induction day and all 3 learning days, as well as commit to completing the programme within 12 months.

For further information and to apply please visit <https://bit.ly/2tOnYEa>

Institute of Swimming Course & Coaching



Education Courses

[Click here](#) for full list courses in the Region.

Teaching Courses

[ASA Level 1 Swimming Assistant \(Teaching\)](#) starts 22/09/18 at Sparkhill Pool & Fitness Centre

[ASA Level 1 Swimming Assistant \(Teaching\) Blended Learning](#) starts 28/09/18 at at University of Birmingham

[ASA Level 1 Swimming Assistant \(Teaching\) Blended Learning](#) starts 03/09/18 at Newbold Comyn Leisure Centre, Leamington Spa

[ASA Level 1 Swimming Assistant \(Teaching\)](#) starts 29/10/18 at Stratford Leisure Centre, Stratford-upon-Avon

[ASA Level 1 Swimming Assistant \(Teaching\)](#) starts 29/10/18 at Newbold Comyn Leisure Centre, Leamington Spa

[ASA Level 1 Swimming Teacher](#) starts 25/08/18 at Sparkhill Pool & Fintess Centre

[ASA Level 2 Swimming Teacher](#) starts 06/10/18 at Warwick School Sports Centre

[ASA Level 2 Swimming Teacher](#) starts 06/09/18 at Bromsgrove Sports & Leisure Centre, Worcestershire

[ASA Level 2 Swimming Teacher](#) starts 13/10/18 at Perdiswell Leisure Center, Worcester

[ASA Level 2 Swimming Teacher](#) starts 01/09/18 at Oswestry Leisure Centre, Shropshire

[ASA Level 1 Swimming Assistant \(Teaching\)](#) starts 13/10/18 at Shrewsbury School

[ASA Level 1 Swimming Assistant \(Teaching\)](#) starts 22/09/18 at RAF Cosford, Wolverhampton

Coaching Courses

[Swim England Swimming Assistant \(Coaching\) Blended Learning](#) starts 02/11/18 Perdiswell Leisure Centre, Worcester
Please note available places will show as 0. If you are part of a swim mark accredited swimming club we have a club offer available on this course. Please contact Amanda Swan on amanda.swan@swimming.org regarding this offer and to book your place.

[Swim England Swimming Coach Blended Learning](#) starts 23/11/18 at Perdiswell Leisure Centre, Worcester – *Please note places will show as 0. If you are part of a swim mark accredited swimming club we have a club offer available on this course. Please contact Amanda Swan on amanda.swan@swimming.org regarding this offer.*