

I am looking to put together a group of young people to take part in a project being run by Birmingham City Council and Street Games called the European Youth Health Champions, and is a strategic partnership supporting innovation and exchange of good practice in peer education of young people in health and physical activity.

In particular, the project will focus on non-formal learning in peer health education that uses community sport and physical activity as the primary method of initial engagement with young people with fewer opportunities. European Youth Health Champions will create an innovative training and learning resource adaptable for different national settings that can be rolled out Europe-wide.

This project will focus on young people with fewer opportunities, aged 14-25. In times of austerity and high youth unemployment across Europe, this project is timely as it will focus specifically on disadvantaged youth.

The project will boost the skills of young people and increase their employability. The project will also improve and modernise youth work education and training.

This project incorporates an experienced group of eight partners from six countries, which are UK, Belgium, Bulgaria, Denmark, Italy, and Malta.

All of the project partners are experienced in using grassroots sport and physical activity to engage young people with fewer opportunities. Because the eight partners are well known to each other, having worked together effectively in the past and spent time developing this project, they will form a dynamic and coherent partnership.

We are looking for some young people aged between 16 and 24 who will join a total of 60 young people, accompanied by 12 adults, from five of the six participating countries will come together for 5 days to undertake a practical run through of the new training materials for a European Youth Health Champions resource. We will allow plenty of time for discussion and reflection as to how the material can be best adapted for the project beneficiaries. They will also be taking part in various outdoor pursuits including rock climbing, gorge walking and water sports. This will be in the Lake District in early July and will be fully paid for.

The residential will be Sunday 8th July – Saturday 14th July at Brathay Hall, Ambleside, Lake District

If you have any questions or would like to be a part of this exciting project please contact me on the contact details below.

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